

COGS

official newsletter of the
ROTARY CLUB OF KINGSFORT

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JULY 27, 2026

JULY 29 MEETING PREVIEW



This week we will celebrate club members during our 5th Wednesday—Power of One Hour Meeting. Co-Presidents Sharon Moore and Aundrea Salyer will lead the celebration and present gifts and awards. Be sure to be there this week or you may lose your opportunity for awards and gifts.



The State of Tennessee

BY

The Honorable Bud Hulsey
STATE HOUSE DISTRICT 2

hereby recognizes

Rotary Club of Kingsport

as a distinguished volunteer for Warriors' Path State Park, Darrell's Dream Boundless Playground and the greater Kingsport community. Your demonstrated devotion and dedication to the mission of our park reflects great credit upon you and your community.

In the finest tradition of the Tennessee "Volunteer Spirit," your service has created a legacy that will long endure, touching the lives of many for generations to come—a significant contribution to making this world a better place in which to live.

In these endeavors, please accept our best wishes and most sincere thank you.

Given under my hand this 25th day of April, 2026.



Bud Hulsey
Representative Bud Hulsey

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JULY 22, 2026 MEETING SUMMARY

Attendance | 48.4 %

Co-President Sharon Moore led this week's meeting, which included three visiting guests: Lance Evans of Legacy Life Planning, Andrew Palmeter of Mattern & Craig Engineers, and Lindsey Franks of Culpepper CPA of Tri-Cities, PLLC. Members were reminded to submit child-rearing advice for the upcoming club project, update their online profiles, complete the annual Member Engagement Survey, and suggest future social activities through the club website. Members were also encouraged to attend next week's Kingsport Axmen event and reminded of the joint Membership and New Member Committee meeting on July 29 at 1 p.m. Attendance was 48.4%.

Kitty Frazier introduced Matthew Armstrong of the Holston Rowing Club. Armstrong shared information about the

nonprofit organization's programs, facilities at Warriors' Path State Park, and its work promoting sweep rowing and sculling throughout the Tri-Cities. His presentation generated several questions and an engaging discussion among members.

The meeting concluded with the Four-Way Test and adjourned at 1 p.m.



A Night at the Ballfield

Save the Date

July 30 2026, 7:00 PM

A night at the Ballfield!!

July 30 at 7 PM

Hunter Wright Stadium

800 Granby Rd

Please Sign up at KingsportRotaryClub.org

to reserve your spot

A meal will be provided and we'll eat and watch the game from the GRC/
CRW Hot Corner Landing at 3rd Base Picnic Area.



One award, many more women to inspire

Rotary Voices

By Mayan Raslan, Rotary Club of Cairo Royal, Egypt



When I received the Sylvia Whitlock Leadership Award in March, I felt deeply honored. But more than celebrating a personal achievement, I saw it as a reminder of something much bigger: the responsibility to continue opening doors for women in Rotary.

This award carries the name of Sylvia Whitlock, the first woman to serve as a Rotary club president. Her courage changed Rotary forever. Receiving an award in her name is both humbling and inspiring because it reminds me that every step forward begins with someone willing to lead.

Rotary changed my life

Rotary has given me far more than opportunities to serve. It has shaped the way I see leadership.

Over the years, I have had the privilege of serving in many Rotary roles, including as district governor, district Rotary Foundation chair, Rotary public image coordinator, RI presidential representative, a facilitator for governors-elect and presidents-elect learning seminars, Zone Action Plan Champion, and chair of the National PolioPlus Committee in Egypt.

Every role taught me that leadership is not about titles. It is about bringing people together, building trust, and creating opportunities for others to succeed.

Through Rotary, I have met extraordinary people from every corner of the world. Despite our different cultures and backgrounds, we share one purpose: making our communities stronger through service.

That global fellowship has become one of the greatest gifts Rotary has given me.

Why women matter

One of the causes closest to my heart has always been advancing women in Rotary.

When I became district governor, I wanted more women to see themselves as leaders. We established our district's first Women Empowerment Committee and encouraged women to take on meaningful leadership roles. During my year as governor, women's membership grew significantly, and many women accepted responsibilities they had never imagined for themselves.

Later, while serving as a Rotary public image coordinator, I continued encouraging district governors to appoint more women as assistant governors and committee leaders. Every new appointment created another role model for future generations.

I have learned that when women are given opportunities to lead, Rotary becomes stronger, more diverse, and better able to serve our communities.

An award that renews my commitment

Receiving the Sylvia Whitlock Leadership Award doesn't mark the end of a journey for me but rather it has renewed my determination and reminded me that there is still important work ahead.

I want to continue mentoring women leaders, encouraging young professionals to discover Rotary, and helping create an environment where talent, commitment, and service are the only qualifications needed to lead.

Leadership is not about being the first. It is about making sure you are not the last.

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If my Rotary journey has taught me anything, it is that empowering one woman creates opportunities for many others.

Looking ahead

Rotary's greatest strength has always been its people.

Every member has the ability to encourage someone, mentor a future leader, or create an opportunity that changes another person's life. Small actions often create lasting impact.

I hope my story encourages others to believe in the power of inclusive leadership and to help more women discover their own potential within Rotary.

What has Rotary inspired you to do? I would love to hear your story. Please share it in the comments section below. Let's continue building a Rotary where every leader has the opportunity to serve, inspire, and make a difference.

Mayan Raslan received the Sylvia Whitlock Leadership Award in 2025-26. Read about other recipients by visiting the gallery. You can nominate someone you know who is advancing women in Rotary during the month of August.

JULY 2026

CALENDAR OF EVENTS

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Club Assembly— Membership Forum	2	3	4
5	6	7	8 Club Assembly— Membership Forum	9	10	11
12	13	14	15 Cindy Turner— Kingsport Famers Market	16	17	18
19	20	21	22 Matthew Armstrong Holston Rowing Club	23	24	25
26	27	28	29 	30 	31	

MEMBER BIRTHDAYS

July 11—Jerry Miller
 July 14—Bruce Sites
 July 19—Kenneth Calvert
 July 22—Rebecca Beck

MEMBERSHIP ANNIVERSARIES

July 01—John Porter—46 Years
 July 01—Wirt Taylor—59 Years
 July 01—Buddy Scott—42 Years
 July 09—Pam Rehart—18 Years
 July 22—Jerry Miller—28 Years
 July 25—Bill Adams—45 Years
 July 25—John Fleming—25 Years
 July 38—Tyler Williams—1 Year

WEDDING ANNIVERSARIES

July 01—Bill Bard—65 Years
 July 06—Judy Fischer—53 Years
 July 08—Wirt Taylor—19 Years
 July 10—Rebecca Beck—22 Years

UPCOMING EVENTS

July 30—A Night at the Ballfield—Hunter Wright Stadium– 7:00 PM

CALENDAR OF EVENTS

AUGUST 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
2	3	4	5 Joey Christian— Dobyns Bennett	6	7	8
9	10	11	12 David Hoover— Famous Tennesseans	13	14	15
16	17	18	19 Steven Bower— Kingsport Economic Development	20	21	22
23	24	25	26	27	28	29
30	31					

MEMBER BIRTHDAYS

Aug 07—Gary Bridges
Aug 14—Ambre Torbett

MEMBERSHIP ANNIVERSARIES

Aug-01—Deborah Adams—31 Years
Aug-15—Leslie Lynch—23 Years
Aug 16—Rebecca Beck—8 Years
Aug 24—Heather Cook—15 Years
Aug 26—Karen Short—1 Year
Aug 26—Linda Figliolino—1 Year
Aug 28—Jennifer Salyer—13 Years

WEDDING ANNIVERSARIES

Aug 13—Ambre Torbett—32 Years
Aug 14—Emily Ball—16 Years
Aug 19—Tom Todd—65 Years
Aug 25—Bill Adams—63 Years
Aug 27—Ken Calvert—49 Years
Aug 29—Leslie Lynch—56 Years

UPCOMING EVENTS

HOW TO FIND US

Rotary Club of Kingsport

District 7570 | Area 13 | Club 5739

Meets every Wednesday at Noon
at
The MeadowView Conference Center
1901 Meadowview Pkwy Kingsport, TN



facebook.com/RotaryClubofKingsport/



@RotaryClubofKingsport



KingsportRotaryClub@gmail.com



KingsportRotaryClub.org

CLUB OFFICERS:

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RI PRESIDENT:

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DISTRICT 7570 GOVERNOR:

Charlotte Whitted

AREA 13 GOVERNOR:

Joseph (Joe) Ley

DISTRICT SECRETARY:

Andrea Milliron

DISTRICT TREASURER:

Peter K. Howard

DISTRICT FOUNDATION CHAIR:

Paula K. Alston

Rotary THE FOUR-WAY TEST

- 1 | Is it the **TRUTH**?
- 2 | Is it **FAIR** to all concerned?
- 3 | Will it build **GOODWILL** & **BETTER FRIENDSHIPS**?
- 4 | Will it be **BENEFICIAL** to all concerned?

LOCAL CLUBS FOR MAKE-UPS

MONDAY

Noon | Tri-Cities—Northeast State Community College, Pierce Admin Bldg., Room P309, Blountville, TN

6:00 PM | Johnson City Evening—Howard Hunt's Edward Jones Office, 4018 Roan St., Johnson City, TN

TUESDAY

7:15 AM | Scott County—Scott Co. Park & Golf Course Clubhouse, 247 Fore Drive, Gate City, VA

7:30 AM | Bristol Morning VA-TN—The Summit Co-Work Space (Expedition Meeting Room) 1227 Volunteer Pkwy., Bristol, TN

Noon | Bristol VA-TN—Bristol Train Station, 101 Martin Luther King Jr. Blvd., Bristol, VA

Noon | Johnson City—Johnson City Country Club 1901 E Unaka Ave., Johnson City, TN

Noon | Greeneville—Tusculum University, Niswonger Commons Pioneer Café, 60 Shiloh Road, Greeneville, TN

WEDNESDAY

7:00 AM | Greeneville-Morning—Laughlin Memorial Hospital Cafeteria Conference Room, Greeneville, TN

7:30 AM | Kingsport-Sunrise—Food City Press Room, Suite 300, 200 Clinchfield St., Kingsport, TN

Noon | Unicoi County—Town Hall, 211 N. Main St., Erwin, TN

Noon | Elizabethton—First Christian Church of Elizabethton, Fellowship Hall, 513 Hattie Ave., Elizabethton, TN

THURSDAY

7:15 AM | Johnson City Morning—Food City Community Room, 920 N. State of Franklin Rd., Johnson City, TN

Noon | Kingsport-Downtown—Food City Crown Center, 1205 N. Eastman Road, Kingsport, TN

AVAILABLE 24/7—

www.RotaryClubOne.org